

# ***THOUGHTS, POEMS AND Proverbs***

**The following is a collection of thoughts and poems  
from various authors, many of whom remain unknown.**

What The Dalai Lama Has To Say...

What is life?

Don't Quit!

Your Customer

Team Work

The Art Of Giving

Woman

Children Learn What They Live

Today is My Day

The Day Before Tomorrow

The Serenity Prayer

Success

For Those Who Believe All is Possible

Universal Laws

Proverbs

## ***WHAT THE DALAI LAMA HAS TO SAY...***

- 1. Take into account that great love and great achievements involve great risk.**
- 2. When you lose, don't lose the lesson.**
- 3. Follow the three Rs:  
...Respect for self  
...Respect for others and  
...Responsibility for all your actions.**
- 4. Remember that not getting what you want is sometimes a wonderful stroke of luck.**
- 5. Learn the rules so you know how to break them properly.**
- 6. Don't let a little dispute injure a great friendship.**
- 7. When you realize you've made a mistake, take immediate steps to correct it.**
- 8. Spend some time alone every day.**
- 9. Open your arms to change, but don't let go of your values.**
- 10. Remember that silence is sometimes the best answer.**
- 11. Live a good, honourable life. Then when you get older and think back, you'll be able to enjoy it a second time.**
- 12. A loving atmosphere in your home is the foundation for your life.**
- 13. In disagreements with loved ones, deal only with the current situation. Don't bring up the past.**

- 14. Share your knowledge. It's a way to achieve immortality.**
- 15. Be gentle with the earth.**
- 16. Once a year, go someplace you've never been before.**
- 17. Remember that the best relationship is one in which your love for each other exceeds your need for each other.**
- 18. Judge your success by what you had to give up in order to get it.**
- 19. Approach love and cooking with reckless abandon.**

## ***DON'T QUIT!***

**When things go wrong as they sometimes will  
When the road you're trudging seems all up hill  
When the funds are low and the debts are high  
And you want to smile, but you have to sigh  
When care is pressing you down a bit  
Rest, if you must, but don't you quit.**

**Life is queer, with its twists and turns  
As everyone of us sometimes learns  
And many a failure turns about  
When he/she might have won had he/she stuck it out  
Don't give up though the pace seems slow  
You may succeed with another blow.**

**Success is failure turned inside out  
The silver tint of the clouds of doubt  
And you never can tell how close you are  
It may be near when it seems so far  
So stick to the fight when you're hardest hit  
It's when things seem worst that you must not quit.**

**author unknown**

## *Your Customer*

There are organisations that talk a lot about the customer and then completely neglect the people that deal with the customer - the employees. Always treat your employees exactly as you want them to treat your best customers.

You can buy a person's hand, but you cannot buy their heart.

The heart is where the enthusiasm, and loyalty is. You can buy their back, but you can't buy their brain. That's where a person's creativity, ingenuity and resourcefulness is.

Work is treating employees as volunteers just as you treat customers as volunteers, because that's what they are. They volunteer the best part - their hearts and minds.

author unknown

# ***TEAM WORK***

**Team Work  
is the ability to  
work together  
towards a common goal...**

**With that  
Nothing is impossible.**

**author unknown**

# ***RISK***

*To laugh, is to risk playing the fool.*

*To weep, is to risk appearing sentimental.*

*To reach out to another, is to risk involvement.*

*To expose feelings, is to risk exposing our true selves.*

*To put your ideas, your dreams, before the crowd is to risk loss.*

*To love, is to risk not being loved in return.*

*To live, is to risk dying.*

*To hope, is to risk despair.*

*To try at all, is to risk failure.*

*But risks must be taken,*

*Because the greatest hazard in life is to risk nothing.*

*The person who risks nothing, does nothing, has nothing, is nothing.*

*They may avoid suffering and sorrow, but they simply cannot learn, change, feel, grow, love, live...*

*Chained by their attitudes they are slaves.*

***ONLY THE PERSON WHO RISKS IS FREE.***

*Author Unknown*

# ***THE ART OF GIVING***

***We give of ourselves when  
we give gifts of the heart:  
love, kindness, joy, understanding,  
sympathy, tolerance, forgiveness.***

***We give of ourselves when  
we give gifts of the mind:  
ideas, dreams, purposes, ideals,  
principles, plans, inventions, projects, poetry.***

***We give of ourselves when  
we give gifts of the spirit:  
prayer, vision, beauty, aspiration,  
peace, faith.***

***We give of ourselves when  
we give the gift of words:  
encouragement, inspiration, guidance.***

***Emerson said it well:  
"Rings and jewels are not gifts,  
but apologies for gifts.  
The only true gift is  
a portion of thyself."***

***FROM THE ART OF LIVING BY WILFERD A. PETERSON***

## WOMAN

*That woman is a success  
who loves life  
and lives it to the fullest;  
Who has discovered and shared  
the strengths and talents  
that are uniquely her own;  
Who puts her best into each task  
and leaves each situation  
better than she found it;  
Who seeks and finds  
that which is beautiful  
in all people and things;  
Whose heart is full of love  
and warm with compassion;  
Who has found joy in living  
and peace with herself.*

*Barbara J Burrow*

## **CHILDREN LEARN WHAT THEY LIVE**

**If children live with CRITICISM**

**They learn to CONDEMN**

**If children live with HOSTILITY**

**They learn to FIGHT**

**If children live with RIDICULE**

**They learn to BE SHY**

**If children live with SHAME**

**They learn to FEEL GUILTY**

**If children live with TOLERANCE**

**They learn to BE PATIENT**

**If children live with ENCOURAGEMENT**

**They learn to HAVE CONFIDENCE**

**If children live with PRAISE**

**They learn to APPRECIATE**

**If children live with FAIRNESS**

**They learn JUSTICE**

**If children live with SECURITY**

**They learn to HAVE FAITH**

**If children live with APPROVAL**

**They learn to LIKE THEMSELVES**

**If children live with ACCEPTANCE and  
FRIENDSHIP**

**They learn to FIND LOVE IN THE WORLD.**

*Author Unknown*

## *Today is My Day*

*Today my thoughts are centred on expecting only the best  
and giving only the best.*

*Today my mind and heart are open to new opportunities  
and I make the most out of every situation.*

*Today I will smile and act enthusiastically in everything I do.  
I will make every person I meet feel very important and  
I will show them that I care.*

*Today my confidence is high and I am willing to step out  
and take a chance.*

*I speak freely to all those I meet.  
I know I have something valuable to contribute.  
I expect results today and my time is well invested.*

*Today I am one step closer to achieving my goals and dreams.  
I always keep my eyes focussed on success  
and prosperity.*

*Today I will sow good seed so that I will reap my harvest of  
reward.*

*Today is my day!*

*Author Unknown*

## *The Day Before Tomorrow*

*The day before tomorrow  
Is a very special day  
And I feel that I should live it  
In a happy kind of way...*

*Tomorrow's so mysterious  
That I really can't foresee  
The things that might be happening  
And the way that life might be*

*But the Day Before Tomorrow  
That's quite a different thing...  
Those hours are so much closer  
I can guess what they might bring...*

*I'd rather be a sparrow  
Or a lily of the field  
And just wait til God's will for me  
Is finally revealed...*

*I'll put aside the griefs and cares --  
The trouble I won't borrow  
And just be glad I'm living in  
The Day Before Tomorrow!*

*Author  
Jean Kyler McManus*

## **The Serenity Prayer**

*God grant me the serenity  
to accept the things  
I cannot change,  
courage to change  
the things I can  
and the wisdom  
to know the difference.*

*Author Reinhold Niebuhr*

## Success

*Success is doing the best you can,  
in as many ways as you can.  
It is being just and honest and true --  
not in a few things, but in everything you do.*

*Always look ahead and never look back,  
believe you can make all your dreams come true.  
Always believe in the best you can be  
and have faith in the things that you do.*

*Forget about mistakes you've made yesterday,  
the lessons you learn will prove valuable for today...  
Never give up and think that you're through...  
for there's always tomorrow and  
a chance to begin brand new.*

*It is in dreaming the greatest dreams...  
and seeking the highest goals...  
that we build the brightest tomorrows.*

*There is no limit to the goals you can attain,  
or the success you can achieve...  
your possibilities are as endless as your dreams.  
Whatever it is that you seek in life,  
whatever your dreams and what you hope to achieve,  
whatever you try to reach -- whatever you plan...  
can all be yours -- if you only believe you can!*

*Author Larry S. Chengges*

**For Those Who Believe  
All Is Possible**

**What Is Life?**

<i>Life is a gift</i>	.....	<i>Accept It</i>
<i>Life is an adventure</i>	.....	<i>Dare It</i>
<i>Life is a mystery</i>	.....	<i>Unfold It</i>
<i>Life is a game</i>	.....	<i>Play It</i>
<i>Life is a struggle</i>	.....	<i>Face It</i>
<i>Life is beauty</i>	.....	<i>Praise It</i>
<i>Life is a puzzle</i>	.....	<i>Solve It</i>
<i>Life is an opportunity</i>	.....	<i>Take It</i>
<i>Life is sorrowful</i>	.....	<i>Experience It</i>
<i>Life is a song</i>	.....	<i>Sing It</i>
<i>Life is a goal</i>	.....	<i>Achieve It</i>
<i>Life is a mission</i>	.....	<i>Fulfil It</i>

*Author Unknown*

## ***UNIVERSAL LAWS***

### **Rudin's Law:**

In a crisis that forces a choice to be made among alternative courses of action, most people will choose the worst possible one.

### **Chisholm's Law:**

Anytime things appear to be going better, you have obviously overlooked something.

### **Livingston's rule of accuracy:**

When working toward the solution of a problem, it helps if you know the answer.  
Corollary: Provided, of course, you know there is a problem.

### **Weller's Law:**

Nothing is impossible for the man who doesn't have to do it himself.

*"Only when the last tree has died  
And the last river been poisoned  
And the last fish been caught,  
We will realise,  
We can not eat money"*

*Chief Seattle*

**An ounce of sympathy is worth forty sprays of flowers.**

**The virtue lies in the struggle, not the prize.**

**Behind Every Man There's A Woman, Behind Every Woman There's Herself.**

**If you think you can... You will; If you think you can't... You won't. No matter  
what you think you're absolutely right!**

**Never miss an opportunity to make others happy, even if you have to leave them  
alone to do it!**

**Don't forget growing old; Some people never have the opportunity.**

**To look is to look; To see is to see; But to look is not necessarily to see.**

**To lower your standards is to be defeated.**

**There is no luck but that which we make ourselves.**

**It is not what you are that holds you back... but what you think you are not.**

**If I cannot do great things, I can do small things in a great way.**

**People who live in the past rob the future.**

**The more a man knows about himself the less he says about it.**

**Sharing multiplies the Joy.**

**Brooding over one's troubles insures a perfect hatch.**

**Courage is fear that has said its prayers**

**The best way to get rid of your duties, is to discharge them.**

**Life happens when you're on your way to someplace else.**

**Method saves hours of wasted effort.**

**If you see someone without a smile, give them one of yours.**

**We make a living by what we get but a life by what we give.**

**You'll never get rid of a bad temper by losing it.**

**It is better to cultivate faith than to entertain doubt.**

**You never know what you can do until you try.**

**To know one's ignorance is part of knowledge.**

**Sometimes it is better to ask for forgiveness than permission.**

**Some people exist but never really live.**

**Be realistic, aim for the impossible.**

**To find friendship, offer friendship.**

**Every ending is a new beginning.**

**Your life is what your thoughts make it.**

**Responsibility walks hand in hand with capacity and power.**

**In quietness and confidence shall be your strength.**

**Remember to face the sun and you shall never see the shadows.**

**Making the most of today is the best preparation for tomorrow.**

**If we don't stand for something, we'll fall for anything.**

**Nothing makes people go into debt  
like trying to keep up with people who already are.**

**Life is a canvas - you fill in the picture.**

**Pleasant thoughts make pleasant lives.**

**Worry is the interest paid on trouble before it is due.**

**Confidence is the secret of strength.**

**Purpose is what gives life meaning.**

**Those who talk much, say nothing.**

**Two things are hard on the heart ...  
running up a hill, and  
running down people.**

**You will notice that the truth is written and spoken beautifully.**

**Speech is the gift of all, but the thought of few.**

**Gossip is like a photograph. It starts with a negative, then is developed and enlarged.**

**If you like what I have done or have any further suggestions, please email  
kday@chariot.net.au it would be greatly appreciated.**

**Produced by Karen Day  
kday@chariot.net.au  
South Australia**

**Web Site: <http://www.chariot.net.au/~kday/thoughtsandpoems.html>**